

Asking for accommodations: activity

This activity will help you practice what you learned in the 'Asking for accommodations' exercise.



Meet Hilda

Hilda just got a job as a cashier at a grocery store. Her boss, Rawan, tells her that cashiers need to stand up all day at their cash registers.

Hilda is worried. She has a disability that makes it hard for her to stand for more than a few hours without a rest. She knows she can ask for an accommodation. But she's not sure what accommodation will be best, or how to ask for it.



Let's talk about it

- What can Hilda do to get an accommodation at work?
- Can you think of any accommodations that could help Hilda do her job? What are they?
- Can you think of any accommodations that could make your life or your work easier? What are they? You can share them with the group or keep them private.