



Shopping trip

Many people regularly spend money at the same place. You might make regular trips to the grocery store, convenience store, or the laundrymat.

Thinking about things you buy often is a good place to practice your estimating skills.

Pick a place where you are a regular shopper. Use the table below to make a list of the things you usually buy. Estimate how much you spend on each item in a week and add that to the table.

Add all the amounts in the estimate column together to get a total.

Example

Item	Cost estimate
Peanut butter	\$4.00
Bread	\$3.00
Total	\$7.00

Place you spend money: _____

Item	Cost estimate
Total	



Numeracy Tip

Estimating your regular expenses is a good way to improve your money math and get better at managing your money.