



Dress and hygiene

Everybody knows they should come to work clean and dressed properly for the job. But it's not so simple! Good hygiene (cleanliness) and appropriate dress can vary a lot, depending on where you work.

- Carlo looks after the grounds and gardens for local businesses. In his work, dirty fingernails and muddy boots come with the job. And as long as he doesn't wear a T-shirt with a slogan that might offend a customer, he can wear what he wants.
- Anita is a fast food cook. She has a lot more rules to follow than Carlo. She wears a uniform and her hair must be covered with a hair net. She washes her hands many times a day.
- Renée works at a manicure salon. She has to make sure her fingernails are always perfectly shaped and polished.

Workplaces have a culture that includes expectations for how you should dress.



If you're not sure what the expected dress code is, it's OK to ask!



Skill Words

Appropriate dress is clothing that is well suited to the job and fits in with the way your co-workers dress.

Hygiene is being clean so you don't pass on germs. It also means being careful about smells.

Grooming is how you style things like your nails and hair.